

Miele

Rabbit rillettes with pickled cucumber

By Miele

30 minutes

Preparation time

2 hours

Cooking time

8 servings

Serves



INGREDIENTS

Rabbit rillettes

2 tbsp olive oil
1 rabbit, approximately 1kg, cut into 6 pieces
2 brown onions, thinly sliced
1 garlic bulb, cut in half horizontally
3 bay leaves
2 sprigs lemon thyme
2 sprigs rosemary
500 ml dry white wine
500 ml chicken stock
2 tsp salt flakes
1 pinch quatre épices
1 pinch mace
60 g duck fat
Salt and pepper to taste
Baguette, to serve

Pickled cucumber

5 Lebanese cucumbers, sliced into 5mm slices
2 small brown onions, halved, thinly sliced
1 tbsp salt flakes
375 ml apple cider vinegar
215 g caster sugar
2 tsp mustard seeds
2 tsp coriander seeds
1 pinch ground turmeric

METHOD

Rabbit rillettes

1. Heat oil in a frying pan on high heat, Induction setting 8.
2. Add rabbit pieces and brown evenly on all sides, then transfer to a deep unperforated steam tray.
3. Return the frying pan to the cooktop and fry the onion, garlic, thyme, rosemary and bay leaves for 2 minutes.
4. Deglaze the frying pan with the white wine then transfer the contents of the frying pan to the steam tray, along with the rabbit, chicken stock and sea salt.
5. Place into the steam oven and steam at 100°C for 2 hours, or until rabbit meat is pulling away from the bone.
6. Remove the rabbit from the tray and shred the meat, carefully remove and discard any bones. Place shredded meat into a large bowl, cover and set aside.
7. Strain the braising liquid through a fine sieve into a saucepan, discarding the solids, return to the cooktop and simmer on medium-high heat, Induction setting 7, until reduced to 200ml in volume.
8. Add reduced liquid, duck fat and spices to rabbit meat and mix well to combine. Season to taste.
9. Spoon rillettes mixture into 4 sterilised jars, press down tightly to remove any trapped air, seal with lids and refrigerate.

Pickled cucumbers

1. Place cucumbers, onion and salt into a large bowl. Toss to combine. Cover with plastic wrap and refrigerate overnight to soften.
2. Place remaining ingredients except cucumbers into an unperforated steam tray, place into the steam oven and steam at 100°C for 3 minutes. Add the salted cucumber mixture to the tray.
3. Transfer the hot pickle to sterilised jars, seal and invert for 2 minutes. Cool to room temperature before refrigerating.

To serve

1. Serve room temperature rillettes with fresh baguette and pickled cucumber.

Notes

- Farmed rabbit can be purchased from any good quality butcher and is usually more tender than wild caught rabbit.
- Rabbit rillettes will keep refrigerated for 2 months in sealed jar.
- Pickled cucumbers will keep refrigerated for up to 6 months.
- Jars can be sterilised using the sterilising function or Fan Plus at 120°C; place jars upright and lids separately on an universal tray and heat in the oven for 20 minutes.
- Quatre épices is a spice mix used mainly in French cuisine, but can also be found in some Middle Eastern cooking.