

Miele

Lyonnaise Potatoes

By Shannon Bennett

10 minutes

40 minutes

4-6

Serves

INGREDIENTS

1kg potatoes, peeled and sliced
2cm thick
1/3 cup extra virgin olive oil
4 large brown onions, peeled and
sliced thinly
2 garlic cloves, peeled and
crushed
2 tablespoons cultured butter
Murray River sea salt to taste
2 tablespoons parsley, finely
chopped
1 cup gravy or brown stock

METHOD

- 1. Place the potatoes in a perforated tray, place in the Steam Oven and Steam at 100°C for 5 minutes.
- 2. Using the Induction gourmet casserole dish, heat over medium-high heat, Induction setting 7 and add the olive oil.
- 3. When the oil is hot, add the onions and garlic and season with salt.
- 4. Sauté the onions until soft and golden brown, approximately 10 minutes.
- 5. Remove the onions and garlic and place to the side in a bowl.
- 6. Place the casserole dish back on the Induction cooktop on medium heat, Induction setting 6 and melt the butter until it starts to turn golden and nutty.
- 7. Cover a layer over the bottom of the tray with 1/3 of the sliced potatoes.
- 8. Season well with salt. Cover the first layer of potatoes with ½ of the onions.
- 9. Cover the onions with 1/3 of the potatoes. Season with salt and pepper.
- 10. Repeat the layering until all of the potatoes and onions are used and add the gravy.
- 11. Place the casserole dish in the oven on Intensive Bake at 180°C and bake for 20 minutes, until the potatoes are golden brown.
- 12. Remove from the oven and add chopped parsley prior to serving.