

# Coffee and hazelnut praline mousse cake

By Kirsten Tibballs

**24 hours**

Preparation Time

**2 hours**

Cooking Time

**6-8 serves**

Serves



## INGREDIENTS

### Dacquoise

125g egg whites (approximately 4 eggs),  
room temperature  
Pinch cream of tartar  
30g almond meal  
45g hazelnut meal  
100g pure icing sugar, sifted  
25g plain flour, sifted  
20g coffee beans, ground  
15g roasted hazelnuts, chopped  
75g caster sugar

### Chocolate coffee cream

210g thickened cream, 35% fat  
10g coffee beans  
50g egg yolks (approximately 3)  
20g caster sugar  
15ml espresso  
55g Callebaut milk chocolate  
80g Callebaut dark chocolate

### Sugar coated almonds

25ml water  
35g caster sugar  
125g slivered almonds  
10g pure icing sugar

### Praline mousse

30g glacé orange, finely chopped  
60g sugar coated almonds, roughly  
chopped  
6g gold gelatine sheets (3 sheets)  
430g thickened cream, 35% fat  
2 vanilla beans  
35ml water  
75g caster sugar  
75g egg yolks (approx. 4)  
115g Callebaut white chocolate  
50g Callebaut hazelnut praline paste 50%  
30g Callebaut dark chocolate, roughly  
chopped

### Glaze

150ml water  
300g caster sugar  
300g glucose  
200g condensed milk  
20g gold gelatine sheets (10 sheets)  
300g Callebaut milk chocolate  
Water, to thin glaze if required

### Garnishing

10g glacé orange  
10g slivered almonds, toasted  
Callebaut dark chocolate, melted and  
tempered  
High percentage alcohol,  
frozen overnight

## **METHOD**

### **Dacquoise**

1. Pre-heat Oven on Conventional at 165°C. Line the base of a baking tray with baking paper.
2. In a bowl of a freestanding mixer with balloon whisk attachment, whisk egg whites and cream of tartar on medium speed.
3. In a separate bowl combine all remaining ingredients, except caster sugar.
4. When meringue reaches medium peaks, gradually add in the caster sugar. Fold the dry ingredients through the meringue by hand, one third at a time until combined.
5. Spread the dacquoise onto the baking tray measuring 25cm x 38cm x 2.5cm high. Bake on shelf position 2 for 10-12 minutes. Remove from the Oven and allow to cool.
6. Flip the tray over onto another sheet of baking paper and carefully remove the paper on the base.
7. Using a 16cm pastry cutter or cake ring, cut a circle. Then using an 8cm cutter, remove the centre to form a donut shape.

### **Chocolate coffee cream**

1. Place cream into a medium saucepan and bring to the boil on high heat, Induction setting 8. Turn off the heat and infuse the coffee beans for 5 minutes. Strain cream and discard beans.
2. In a separate bowl, whisk egg yolks and sugar. Pour over strained cream and espresso. Mix to combine.
3. Return coffee custard to a clean saucepan and heat on medium-high heat, Induction setting 7, stirring continuously until custard reaches 81°C on a thermometer and has thickened.
4. Place milk and dark chocolate into a bowl. Strain custard over the chocolate and whisk together until combined.
5. Place a Silikomart Lady Queen Mould 160mm onto a baking tray. Pour the coffee cream into the mould until it fills half way. Place into the freezer overnight, or at least 8 hours.

### **Sugar coated almonds**

1. Pre-heat Oven on Conventional at 170°C.
2. In a medium saucepan, combine water and sugar. Bring to the boil on Induction setting 8 to dissolve sugar.
3. Remove from the heat and pour over the slivered almonds, stir to combine.
4. Place almonds onto a lined baking tray dusted with icing sugar. Bake on shelf position 2 for 15 minutes or until golden brown. Turn the almonds over with a spatula halfway through baking. Cool at room temperature.

## **Praline mousse**

1. Combine glacé oranges and roughly chopped sugared almonds into a bowl.
2. In a bowl of cold water, soak gelatine sheets until soft and pliable.
3. In a bowl of a freestanding mixer with balloon whisk attachment, whip cream and vanilla until soft peaks. Place into the refrigerator until required.
4. In a medium saucepan, bring water and sugar to the boil on high heat, Induction setting 8. Continue cooking until reaches 123°C on a thermometer.
5. Place yolks into a bowl of a freestanding mixer with balloon whisk attachment, whisk on medium speed. Pour over sugar syrup and continue whisking until it's cool to create a pate a bombe.
6. In a medium saucepan on low heat, Induction setting 2, melt white chocolate and praline paste until it reaches 60°C.
7. Fold through a quarter of the semi whipped cream through the praline mix then combine with the pate a bombe.
8. When the gelatine is soft, drain off excess water and heat in the Microwave at 600W for 20 seconds or until melted. Do not heat above 80°C.
9. Add a small amount of the mixture to the melted gelatine and combine before adding back into the mousse and fold through.
10. Fold through glacé oranges, almonds, chopped chocolate and the remaining whipped cream; making sure you continue to stir to avoid the mixture setting.
11. Place a Silikomart Lady Queen Mould 180mm onto a baking tray. Fill the mould one third of the way with the mousse, either with a spoon or a piping bag. Using the back of a spoon, spread the mousse up the sides of the mould to avoid any air bubbles forming. You can also fill a piping bag and pipe mousse.
12. Unmould the frozen chocolate coffee cream and insert into the large 180mm mould. Fill to cover with remaining mousse leaving approximately 5mm for the base.
13. Place the dacquoise on top, ensuring that it is level with the base of the mould. Remove any excess mousse with a palette knife to ensure you have a smooth level base.
14. Return to the freezer for at least 8 hours, or overnight.

## **Glaze**

1. Soak gelatine sheets in a bowl of cold water until soft and pliable.
2. In a medium saucepan, combine water, sugar and glucose. Bring to the boil on high heat, Induction setting 8, cook until it reaches 103°C on a thermometer.
3. Add the condensed milk and drained gelatine.
4. Pour syrup over a bowl containing the chocolate and emulsify with a stick blender.
5. Cool at room temperature until it reaches 30°C, then mix again with the stick blender. Ensure the blade is fully immersed in the glaze as you want to remove all air bubbles. This will also heat it slightly until it's at the required glazing temperature of 32°C.
6. The glaze should be of a runny consistency and just coat the back of a frozen spoon when tested. If too thick, add some cold water and blend well, ensuring there are no air bubbles.

## **Garnish**

1. Place the frozen mousse cake onto a small metal ring or cake rack with a lined tray underneath.
2. Pour the glaze over the frozen cake starting in the middle and pouring in a circular motion.
3. When the glaze has stopped dripping, trim off the drips and transfer carefully to a serving plate.
4. Temper chocolate and transfer to a paper piping bag. Cut a small tip off the end and squeeze the chocolate into the frozen alcohol to create squiggles. Gently lift the chocolate out of the alcohol and transfer to a paper towel lined plate to dry.
5. Decorate with chocolate squiggles, toasted almonds and glacé orange.

## Hints and tips

- Excess glaze can be stored frozen for up to 2 months and re-heated in the microwave.
- Silikomart Kit Lady Queen 1000 mould's are available to purchase from [www.savourschool.com.au](http://www.savourschool.com.au)
- For the glaze, you can replace the milk chocolate with white chocolate, using 1:1 ratio. If using dark chocolate, reduce the quantity by 5%.
- Leftover chocolate coffee cream can be kept in the refrigerator for 4-5 days, or frozen up to 2 months. Quenelle and serve with other desserts.
- To temper chocolate place chocolate into a plastic bowl and melt in the Microwave at 850W for 30 seconds. Remove from the microwave and stir with a plastic spatula. Heat at 30 second intervals stirring well between.
- Melt the chocolate until it is approximately 50% liquid and 50% solid chocolate. Remove from the microwave and stir vigorously until the solid chocolate is melted.
- After 5 minutes if you still have solid lumps of chocolate, gently warm the bowl with a hair dryer or heat gun.
- Use the highest alcohol percentage you can find, as long as it's a minimum of 36% proof. The higher the alcohol, the less time it will take to dry. Pour into a sealed container and freeze overnight.