



Vanilla posset with berries and amaretti crumbs

By Miele

10 minutes

Preparation time

6 minutes, plus 3 hours setting time

Cooking time

4

Serves

INGREDIENTS

Posset

225g cream 40g caster sugar ½ lemon, zest only ¼ tsp citric acid

Berries

100g berries, frozen2 tbsp caster sugar1 tsp balsamic vinegar, aged

To serve

Amaretti biscuits, crushed

METHOD

Posset

- 1. Combine cream, sugar and lemon zest and whisk lightly.
 - 1. Place into an unperforated steam container and cover with cling wrap, foil or lid.
 - 2. 1. Steam at 90°C for 1 minute then remove cling wrap.
 - 2. Stir in citric acid well.
 - 3. Pour into moulds and refrigerate for 3 hours, or until set.

Berries

- 1. Place berries, sugar and vinegar into an unperforated steam container, cover.
 - 1. Steam at 100°C for 5 minutes.

To serve

1. Spoon over berries and sprinkle with biscuits.

Hints and tips

- Other citrus fruits can be used as well as other flavourings like vanilla or spices.
- The berries and biscuit can also be changed, blackberry and gingernut biscuits make a good combination.