



Sumac pickled onions

By Susan Riggall

5 minutes plus marinating time

Preparation Time

5 minutes Cooking Time

4 serves Serves

INGREDIENTS

Sumac pickled onion

60 ml (¼ cup) red wine vinegar
60 ml (¼ cup) water
2 tbsp white sugar
Pinch salt flakes
Pinch sumac
1 red onion, thinly sliced

METHOD

Sumac pickled onion

1. Place the vinegar, water, sugar, salt and sumac into a small saucepan. Heat over medium heat, induction setting

- 6, or until the sugar dissolves.
- 2. Add the onion and leave to pickle for at least 30 minutes. Drain the liquid before serving.